

performance protocols: jenna jauhiainen

(this is a letter-poem from late 2021 about post-pandemic performance protocols of mine)

remember to arrive bearing

something personal,
something of a passion,
something moving,
something thinking.

let the process be everything. respect it.

the process started a long time ago and is nowhere near its end.

let yourself experiment,
play and rest.
take time to think.
test the limits of openness,
vary your responses.
go where it feels right.

create a moment to encounter,
wet the soil,
nurture the connection.

listen, actively and to everyone :)