

Nosewitness (considering circulations)

2022

~30 min

for one performer

with a spruce twig, an incense ring, a pebble and matches

put the boxes of incense and matches in your pocket
look around for a fallen twig of spruce
it can be quite small
what pleases you really
as long as it's green
and its needles upright, stiff looking
unwrap the incense
in the shape of a small ring
push the twig through it
take your time
then set them both down
on a flat rock, concrete slab
the needles of the twig propping the ring up*
strike a match
keep it under the arch on top
until it catches fire
if there's a flame, blow it out
when the lines of smoke swirl, enter your nose
reach down for a small pebble
place it on your shoulder
think about something decomposing
feel your pulse
imagine something growing
tilt your head back
your face towards the sun
consider everything living
bring your chin down, take some steps back
let the incense burn its course

*if it breaks, arrange the pieces on top of the twig and light them up one by one

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